



Charlottetown  
**FOOD  
COUNCIL**

CHARLOTTETOWN  
FOOD CHARTER  
2019



# CHARLOTTETOWN FOOD CHARTER

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Given that, The City of Charlottetown's Integrated Community Sustainability Plan has a number of themes related to sustainability with overarching and specific goals and actions. Including: Food: The City of Charlottetown aims to promote local food production and procurement, improve food security, reduce food waste, and use the culinary assets of the community to connect locals and visitors with food.

Given that, the City of Charlottetown Community Sustainability Micro-grant program has supported many community-led food initiatives;

Given that, The City of Charlottetown met with community food and health leaders in 2017 at Let's Talk Food,

Given that, The City of Charlottetown created the Charlottetown Food Council in 2018;

And that, the Charlottetown Food Council's **Mission** is: Improving the local food system through advocacy and action for the health of our community

And that, the Charlottetown Food Council's **Vision** is: A vibrant community built on a healthy food system.

The City of Charlottetown endorses the following principles as the foundation of a comprehensive policy framework and program development:



LOCAL FOOD SYSTEM



HEALTHY COMMUNITY



FOOD SECURITY



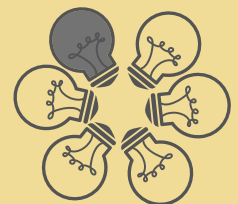
CULTURE & COMMUNITY



SUSTAINABLE ECONOMIC  
DEVELOPMENT



EDUCATION



THE ENVIRONMENT





### As we value a Local Food System, we support

- Local farmers, fishers, and processors and their commitment to sustainable stewardship of food producing lands and waters
- Promoting entrepreneurship and innovation in all parts of the food system
- Policies, programs and infrastructure to ensure that locally grown food is available in the future
- Land use policies that protect food producing lands and waters
- Policies to increase procurement of locally grown food where people live, learn, work, and play
- Increased understanding of the challenges involved in producing food locally
- Opportunities to connect people to the land and ocean - farmers and fishers to the people
- Reasonable access to food obtained by gathering and collecting



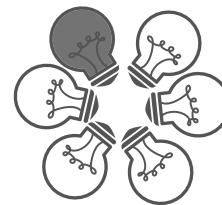
### As we value Food Security, we support

- Dignified access to healthy food for all
- A fair wage for the production of food and a safe and respectful environment for farmers, fishers, and all people who work to feed others
- Increased fair access to land for people interested in growing and facilities for processing food
- Income, education, employment, housing, and transportation policies and practices that support access to healthy food distribution



### As we value a Healthy Community, we support

- Strategies that ensure all residents, at all times, have physical and economic access to nutritious, safe, personally, and culturally appropriate foods
- Public policy and procurement practices that recognize food's contribution to physical, mental, intellectual development, spiritual, and emotional well-being
- Communities and neighborhoods that encourage and build adequate transportation links to healthy food accessible for all, including pedestrians and cyclists
- Policies that protect, promote, and support breastfeeding
- Nutrition education and healthy food choices for all ages



### As we value Education, we support

- Public awareness of the food system's role in our lives and economy to improve the connection of producers and eaters
- Promoting the connections between our health, the environment, the economy, and our food choices
- Programs for current and future farmers, fishers, home gardeners, food producers, and others involved in the food system to promote the industry
- Initiatives and programs that develop food literacy
- Good nutrition to support development of young minds



### As we value Sustainable Economic Development, we support

- Prince Edward Island’s top four industries (agriculture, fisheries, tourism, and bioscience) and their connection to the local food system
- Increased production, storage, processing, distribution, consumption, and marketing of local, healthy food
- Promotion of our region as an agricultural and culinary destination
- Food, agriculture, and aquaculture research that is innovative, sustainable, and includes alternative food systems
- Economic and physical services and infrastructure that support local food producing lands and waters and the development of local food related programs and businesses
- The protection of land and water for sustainable food production



### As we value The Environment, we support

- Farming practices and food production that promote environmental stewardship
- Practices that improve soil, promote biodiversity and renewable energy, conserve water quality and quantity, and recognize climate change impacts and mitigation

#### FOOD SECURITY

**A community enjoys food security when:**

- All people, at all times, have physical & economic access to nutritious, safe, personally and culturally appropriate foods,
- Food is produced in ways that are environmentally sound, socially just, and promote community self-reliance, and food is provided in a manner that promotes human dignity.



### As we value Culture and Community, we support

- The relationships of producing, gathering, and growing food and how that ties us together
- Policies and programs that create food centric community gatherings
- Strengthening the connection between eaters and producers
- Celebrating and promoting culturally and spiritually significant food and traditions to connect communities and strengthen collaborations
- Opportunities for all community members to grow, prepare, and eat together
- Recognition of cultural gathering rights of Indigenous communities
- Partnerships with the Mi’kmaq community to facilitate access to, and the distribution of, Mi’kmaq food choices in the Indigenous and non-Indigenous community.
- Partnerships with the Mi’kmaq community to help ensure food security in the Indigenous community.

#### SUSTAINABLE FOOD SYSTEM

- A sustainable food system is a food system that delivers food and nutrition security for all in such a way that the economic, social, and environmental bases to generate food security and nutrition for future generations are not compromised.

